

# Roasted Squash

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Categories: Vegetables

## \*\* Ingredients

1 Butternut Squash

## \*\* Directions

Preheat oven to 425. Lightly oil a baking sheet.

Cut the squash in half lengthwise. Scoop out the seeds and leave the skin on. The shell acts as a cover, keeping the flesh from drying out.

Lay squash on a baking sheet, skin-side down. Cook about 40 or 50 minutes.